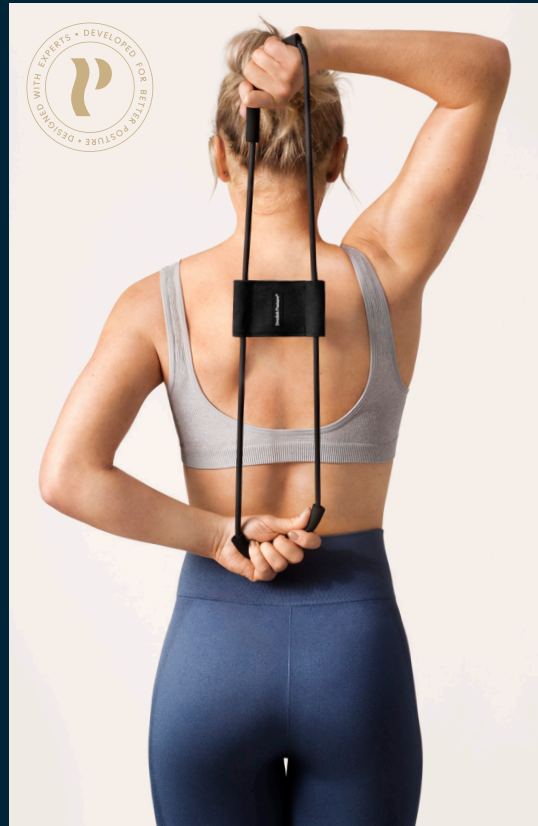


TRAINER

Resistance band for strength, stretch and posture



EN Trainer is a unique combination of training gadget, stretch tool and posture corrector. Exercising with Trainer increases your blood circulation, flexibility and strength.

SE Trainer är en unik kombination av träningsutrustning, stretchverktyg och hållningskorrigerare. Att träna med Trainer ökar din blodcirkulation, flexibilitet och styrka.

NO Trainer er en unik kombinasjon av treningsapparat, strekkverktøy og holdningskorrigerer. Trening med trener øker blodsirkulasjonen, fleksibiliteten og styrken.

FI Trainer on ainutlaatuinen yhdistelmä harjoituslaitteistoa, venytystyökälyä ja asennon korjaajaa. Kuntoilu Trainerin kanssa lisää verenkiertoa, joustavuutta ja voimaa.

Use as an exercise tool for mini breaks or a shoulder stretch during the day. To ensure correct posture, wear Trainer as a shoulder brace during workout.

Use regularly for improved posture.

Soft handles.

Washable.

Material: Natural latex, EVA and Nylon

Resistance guide

Strong, Medium



CONSULT A
DOCTOR

If you suffer from
neck/back pain.

Inspirera & Co AB/
Swedish Posture
Katarinavägen 15
116 45 Stockholm
Sweden

Made in China



Postural training



Strength and flexibility



For wearing: 5-15 min
For exercise: Use daily

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